

Inner Money Authority

Module 4: Leading Your Financial Life

Assignment 1: Looking Back

Reflect on your experience over the past four weeks. Take your time to notice what has changed over this brief period.

Questions:

- What have you become aware of about your relationship with money?
 - Where did you notice yourself giving authority away?
 - When did you reclaim your authority?
 - What insight from this course was most important for you?
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Assignment 2: A Moment of Authority

Think about a moment during the past four weeks when you handled a financial decision or conversation differently than what you would have before the course.

Describe:

- the situation
 - what you would have done before
 - what you did differently now
 - what you learned from that experience.
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Assignment 3: Your Personal Authority Leaks

Even after this course, certain situations may still challenge you.

Write down the three most common situations where you tend to lose authority.

Examples:

- stating your price
- negotiating salary
- discussing money with a partner
- making investment decisions.

Then write one way you want to respond differently going forward.

Assignment 4: Your Money Authority Commitments

Complete the sentence:

“Going forward, I commit to...”

Examples might include:

- trusting my judgment when making financial decisions
- stating my price clearly and calmly
- not apologizing for money conversations
- taking time before agreeing to financial commitments
- having conversations I previously avoided.

These commitments become personal principles for your financial life.

Assignment 4: The Woman You Are Becoming

Reflect on the identity shift that has started to happen.

Complete this sentence:

“The woman I am becoming with money is someone who...”

Examples:

- makes decisions calmly
- trusts her judgment
- communicates clearly about money
- does not avoid financial conversations
- leads her financial life with confidence.